

November – Healing

1. Physical
2. Emotional
3. Addictions
4. Spiritual

Healing

heal (हर्ण)

1. To restore to health or soundness; cure.
2. To set right; repair: *healed the rift between us.*
3. To restore (a person) to spiritual wholeness.

There isn't a person reading this who hasn't or won't experience the need for healing in their lives. We all experience disintegration in God's design for our lives whether it is physical, emotional, relational, or spiritual. God's will is for us to be whole individuals.

Jesus spent a lot of time healing people in his earthly ministry. Everywhere he went he ran into needy people that were desperate for a healing touch. Today, the Body of Christ, the church, is called to carry on Christ's healing ministry in the world. We are called to administer God's healing to hurting people everywhere. We bring Christ's healing presence to one another through our care and prayer. Healing is not magic; it is one of the ways God chooses to reveal himself to us in the face of our great need.

Week 1

Physical

Have you ever felt inadequate to pray for someone's healing? Have you ever experienced doubts if the need is a big one? Here is a simple method to help you.

Listen. The first step is to know what to pray for. Sometimes people will tell you of a health problem or complain from symptoms of the problem. Sometimes they won't tell you directly, but you will overhear them talking to someone else about their situation. At other times, you will "hear something in your spirit."

Ask. The second step centers around this word. If you know what to pray for, then ask the person if it would be okay to pray now, not later when you get home. If a person comes to you and asks you to pray for his/her healing, ask what the condition is so that you can specifically target the need. Try to pray for the cause, not just the symptom or the pain.

Build Faith. Step three can be as simple as speaking a few sentences to help build expectant faith. Tell the person of a prayer that has been answered recently after you prayed. Share a biblical example of healing after prayer. Build your faith too as you share. Speak of faith until you have confidence and can feel a change in the atmosphere. It can spark quickly, so be ready for the last step.

Be Bold. Now it's time for prayer.

- Pray as specifically as possible.
- Pray in the name of Jesus.
- Pray using bold thoughts and words such as the word, "now!"
- After prayer, ask the person how he/she feels. If needed, pray again...and again as you are led by your faith to contend for their need.

Week 2

Addictions

There isn't a person reading this who hasn't or won't experience the need for healing in their lives. We all experience disintegration in God's design for our lives whether it is physical, emotional, relational, or spiritual. God's will is for us to be whole individuals.

Pray that:

- the addicted would be drawn into a personal relationship to Jesus Christ
- they would see the dangers involved with his/her addiction
- the grip that the addiction has on their life would be destroyed I plead that
- God would empower _____ face and deal with the pressures of life.
- Instead of turning to the addictive behavior for the strength to cope, the addicted would learn to turn to You
- The addicted to know and understand that there is hope and deliverance for him/her.
- The addicted would realize that there is deliverance through Jesus Christ

Week 3

Emotional

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Pray that:

- Pray the hurting person will know and accept God's unconditional love.
- Pray the hurting person will accept God's forgiveness of all painful events in their

life. (God forgives and forgets sins.)

- Pray the hurting person will forgive themselves of their own acts of sin that came out of their woundedness. (It is Satan's goal to compound guilt upon guilt – he wants to kill and destroy).
- Pray the hurting person understands that forgiving others is the key to emotional healing. Forgive the pain of the past and allow God to be the avenger. This will allow the past pain to no longer control their present life.
- Pray the hurting person will learn how valuable they are to God – Psm 139.
- Pray the hurting person will understand Matt. 22: 37-40 – To love God with their heart, soul, mind and strength and the very important part to love others AS THEY LOVE THEMSELVES. Which means they are to love themselves as God loves them.
- Pray they will accept they are fully loved, fully accepted and fully forgiven by God. They have been made new in Christ Jesus. There is now no condemnation for those who are in Christ Jesus – Romans 8: 1 & 2.

Week 4 Spiritual

Spiritual healing is a huge need in the Body of Christ. According to the World Christian Encyclopedia, approximately 16 million believers walk out of the Christian church each year and most do not return. Spiritual sickness and disillusionment are at an all time high. In North America, an average of 1,500 pastors and ministry leaders leave their post each month, again, most never return to the pulpit.

- Pray that believers won't be disillusioned when things go wrong in their life
- Pray that believers who are experiencing burnout will seek help
- Pray that believers will learn to cast their cares on God
- Pray people will not turn away from God because of a hurt inflicted by man

Spiritual Healing - Safe Help is Available

A process for spiritual healing is available. A growing number of ministries designed to help the spiritually wounded are springing up across North America and around the world. In fact, a number of retreats are available to help prevent burnout before it occurs. Some are free, but many have some costs.

One excellent ministry for the wounded and burned-out spiritual leader is Smoldering Wick Ministries. All the services of this ministry are free, including personal counseling, written articles, "Tree of Life" living programs, educational tapes, friendship, and unconditional love. The ministry is run by Kim and Kathy Wenzel, who pastored for 23 years and experienced burn-out, termination and persecution - they can deeply relate to those who need a friend.